

Practice Worksheet

Length of Session? _____

When PRACTICE is complete, only then JAM OUT

50% (_____) for weakest AREA of your playing

50% (_____) weakest ELEMENT of this AREA

30% (_____) _____

20% (_____) _____

30% (_____) - 2nd weakest AREA

(_____)

(_____)

(_____)

20% (_____) - 3rd Weakest

(_____)

(_____)

(_____)